



2021 Extra Western Cape Provincial Championships

Dates: 27 February to 28 February 2021

Venue: MAC, Rietvlei

Organising Authority: Extra Owners' Association in conjunction with MAC under the auspices of SA Sailing.

SAILING INSTRUCTIONS

1 COMMUNICATIONS WITH COMPETITORS

- 1.1 Notices to competitors will be posted on the official notice board located on the official Extra Owners' Association WhatsApp Group as well as the Regatta Notice Board located in the MAC clubhouse
- 1.2 The race office is located at Milnerton Aquatic Club Grey Ave, Bloubergstrand, Cape Town, 7441
- 1.3 While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

2 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted no later than 60 minutes before the first start on the day it will take effect, except that any change to the schedule of races will be posted by 20h00 on the day before it will take effect.

3 CODE OF CONDUCT

[DP] Competitors and support persons shall comply with reasonable requests from race officials.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the flagpole by the onshore bridge hut.
- 4.2 When flag AP is displayed ashore, "1 minute" is replaced with "not less than 30 minutes" in Race Signals AP.

5 CLASS FLAGS

Extra Class Flag Black, rectangular flag with a red "X" insignia

6 COURSES

- 6.1 The diagrams in Addendum A show the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 6.2 No later than the warning signal, the race committee signal boat will indicate the course to be sailed by displaying the course letter on a board

7 MARKS

A description of all marks will be posted before the close of registration.

8 THE START

- 8.1 The starting line will be between a staff displaying an orange flag on the signal vessel at the starboard end and the course side of the port-end starting mark.
- 8.2 To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is made.
- 8.3 A boat that does not start within 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

9 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will move the original mark or the finishing line to a new position.

10 THE FINISH

The finishing line will be between a staff displaying a blue flag on the race committee vessel at the starboard end and the course side of the port-end finishing mark.

11 SHORTENING COURSE

In addition to the provisions of RRS 32, the race committee may also signal a shortened course by displaying flag F with repeated sounds. On this signal boats shall, round mark 3 or pass between marks 2a and 2b, as required to sail the course, and thereafter proceed directly to the finishing line. This signal shall be made before the first boat reaches mark 3 or marks 2a/2b, and shall continue to be made until all boats still racing have passed these marks. This changes RRS 32

12 TIME LIMITS

Boats failing to finish within 20 minutes after the first boat sails the course and finishes, and not subsequently retiring, being penalised or given redress, will be scored Time Limit Expired (TLE) without a hearing. A boat scored TLE shall be scored points for the finishing place one more than the points scored by the last boat that finished within this time limit. This changes RRS 35, A4 and A5.

13 HEARING REQUESTS

13.1 The protest time limit is 60 minutes after the last boat finishes the last race of the day or the race committee signals no more racing today, whichever is the later. The time will be posted on the official notice board.

13.2 However, if racing is postponed under Race Signal AP over H, then the protest time limit for races completed so far that day is 60 minutes after the last boat finishes the last race completed, or the race committee signalled AP over H, whichever was the later.

13.3 Hearing request forms are available from the race office or may be downloaded from <https://drive.google.com/file/d/1t7aU09w6fp8CbUO2dhMHCyxPIMbZi228/view?usp=sharing>

13.4 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held remotely as instructed by the race office, beginning at the time posted.

14 SCORING

14.1 4 races are required to be completed to constitute a series.

14.2 (a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.

(b) When from 5 to 9 races have been completed, a boat's series score will be the total her race scores excluding her worst score.

(c) When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

15 SAFETY REGULATIONS

15.1 [DP] All competitors shall wear a personal flotation device capable of supporting a 5 kg steel weight at all times while afloat, except briefly while changing or adjusting clothing or personal equipment.

15.2 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

16 REPLACEMENT OF CREW OR EQUIPMENT

16.1 [DP] Substitution of competitors is not allowed without prior written approval of the Organising committee.

16.2 [DP] Substitution of damaged or lost equipment will not be allowed unless approved by the Organising committee or protest committee. Requests for substitution shall be made to the committee at the first reasonable opportunity, which may be after the race.

17 EQUIPMENT AND MEASUREMENT CHECKS

17.1 A boat or equipment may be inspected at any time for compliance with the class rules, notice of race or sailing instructions.

17.2 [DP] When instructed by a race official on the water, a boat shall proceed to a designated area for inspection.

18 SUPPORT VESSELS

[DP] Support vessels shall stay outside of the course (as shown on the course diagram) and at least 50m from boats racing.

19 TRASH DISPOSAL

Trash may be placed aboard official vessels.

ADDENDUM A

COURSE 1 - LETTER S

A Windward-Leeward Course

Start - 1 - 2a/b - 1 - 2a/b - 1 - 2a/b - Finish



COURSE 2 – LETTER T

A Triangle-Windward-Leeward-Triangle Course

Start – 1 – 2 – 3 – 1 – 3 – 1 – 2 – 3 – Finish

